





THE SCIENTIFIC FORUM OF THE FACULTY OF PHYSICAL EDUCATION

THE UNIVERSITY OF JORDAN

الملتقى العلمي لكلية التربية الرياضية في الجامعة الاردنية (النشاط البدني و الصحة)

الاربعاء 2020-3-25

| LOCATION | PROGRAM | TIME | |
|---------------------------------------|---|---|--|
| AHMAD ALLOUZI/ IT/ UJ | OPPENING | 9:30-9:45 | |
| AHMAD ALLOUZI/ IT/ UJ | MODERATOR PROF. DR.DABAYBEH, IBRAHIM | PHYSICAL ACTIVITY: A SIMPLE SOLUTION TO SUCCESSFUL AGING? PROF DR. AUBERTIN-LEHEUDRE/ UNIVERSITY OF ALBERTA, CANADA | 9:45- 10: 15 |
| | MODERATOR DR. ALAWAMLEH, AIDA | CITRULLINE, EXERCISE AND AGEING PROF DR. PHILIPPE NOIREZ UNIVERSITÉ PARIS DESCARTES | 10: 15- 10: 45 |
| | MODERATOR PROF. DR. ORABI, SAMIRA | PHYSIOLOGY OF AGING AND EXERCISE PROF. DR. M. HINDAWI | 10: 45-11:15 |
| | BREAK | | 11:15-11:30 |
| | MODERATOR PROF. DR. MANSI, TAYSEER | APPLIED EXERCISE FOR ALL BY MR NASER ALSHAIKH | 11:30-11:45  |
| AHMAD ALLOUZI/ IT/ UJ | MODERATOR PROF. DR. KILANI, HASHEM | PANEL DISCUSSION, HEALTH AND PHYSICAL ACTIVITY PROF DR. AUBERTIN-LEHEUDRE, PROF DR. PHILIPPE NOIREZ, PROF. DR. KILANI, HASHEM | 11:45- 1:30  |
| RESTAURANT AT JORDAN UNIVERSITY | LUNCH | 1:30-2:30PM | |
| كلية التربية الرياضية SCHOOL OF PE | WORKSHOPS | | 3:15-4:30PM |
| | MODERATOR PROF. DR. RAHAHLEH WALEED, | 1 HOW TO MEASURE MUSCLE FIBER SIZE AND TYPE IN ELDERLY WITH IMAGE? BY PROF DR. PHILIPPE NOIREZ | 2 DIETARY SUBLIMATES HORMONE INTERACTION BY DR MOUATH BATAYNEH |
| | MODERATOR PROF. DR. ARABI MUGRABI, | MUSCLE FUNCTION FOR OLDER ADULTS: CLINICAL MEASUREMENTS AND RELEVANCE FROM STRENGTH TO MOBILITY BY PROF DR. AUBERTIN- LEHEUDRE | |

